



LUNCH MENU – 12:00 PM TO 5:00 PM

SALADS

Caesar Salad - \$7.50

Romaine lettuce, Parmesan cheese, croutons & Caesar dressing

- Add chicken breast - **\$4.50**
- Add mahi-mahi fillet - **\$5.00**
- Add 3 shrimp - **\$5.50**

Tulip Cobb Salad - \$11.50

Romaine lettuce, tomato, bacon, grilled chicken, blue cheese, olives, boiled egg & avocado - Ranch dressing

Shrimp Avocado Salad - \$12.00

Mixed lettuce, tomatoes, cucumber, watermelon, mango, range, avocado, & citrus vinaigrette

Apple Arugula Salad - \$10.50

Mix salad, walnuts, mozzarella cheese, tomatoes, onions, blueberries
Balsamic glaze and extra virgin olive oil

Mango Grouper Ceviche - \$9.50

Cured in lime & lemon juice, onions, peppers & cilantro

SOUPS

Onion Soup - \$7.00

Gratinated gouda cheese and parmesan

Jamaican Fish Soup - \$10.50

Grouper, shrimp, calamari, scallop and mussels
In a fish broth with carrot, celery, leeks and potatoes.

Soup of the Day - \$7.50

Please ask the waiter for today's soup

PLATTER BASKET

All baskets dishes served with French fries

Chicken Wings - \$11.50

Rub in Caribbean BBQ sauce, blue cheese dressing

Chicken Tender - \$12.50

Honey Mustard dipping sauce

Coconut Breaded Shrimp - \$12.50

Piccalilli tartar sauce

Taco Taco Grouper - \$13.00

Fried fish in flour tortillas, mixed lettuce, guacamole & pico de gallo Piccalilli tartare sauce

DESSERTS

N.Y Cheese Cake - \$6.00

Tiramisu - \$6.00

Crème Brulee - \$6.50

Pear & Vanilla Ice Cream - \$6.50

Ice Cream or Sherbet 2 Scoops - \$5.00

Vanilla, Chocolate, Strawberry, Mango & Lemon

BURGER & SANDWICHES

All sandwiches served with French fries or side salad

Tulip Beef Cheese Burger - \$14.00

8 oz burger, lettuce, tomato, onions, pickles, sautéed mushroom choice of American, Gouda or Swiss cheese

Mahi Mahi Burger - \$14.50

Mixed lettuce, tomato, onion, pickle & piccalilli tartar sauce

Chicken Caprese Sandwich - \$14.50

In a panini bread, arugula, tomato basil & fresh mozzarella

Cubano Sandwich - \$ 14.50

Ham, roasted pork, swiss cheese, pickle, Dijon mustard in French bread

LUNCH ENTREES

Cheese Quesadilla - \$9.50

Flour tortillas, cheddar & mozzarella cheese, pico de gallo
On a bed of green, sour cream & guacamole

- Add chicken - **\$4.50**

Flatbread Pizza - \$11.00

Tomato sauce, mushroom, mozzarella, tomato cherries, ham, pepperoni & olives

Vegetarian Jibarito - \$13.50

Mix Lettuce, tomato, grill zucchini, peppers, eggplant, Mushroom & avocado between fried plantain

- Add chicken breast - **\$4.00**
- Add mahi-mahi fillet - **\$5.00**

Grouper - \$14.50

Pan-fried, tomato cilantro relish with fried plantain & moro rice

Burger Steak & Egg - \$15.00

Beef patty, caramelized onions, mushroom topped with a fried egg chimichurri sauce, avocado & arugula

Lasagna - \$15.50

Pasta layered with, meat sauce, mozzarella cheese & Parmesan

Jerk Chicken - \$18.50

Half chicken roasted with Jamaican spice & hot pineapple sauce Served with a side French fries

MORE SIDE DISHES

Small Green Salad - \$3.00

Tomato Cucumber Salad - \$3.50

Fried Plantain - \$3.00

Fried Yucca - \$ 3.00

French Fries - \$3.00

Moro Rice - \$3.00

Mix Vegetable - \$3.50

All prices are in USD.

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